

### Kogarah Historical Society

2.00pm - 4.00pm  
2nd Thursday of the month  
Kogarah School of Arts  
Gill Whan 0439 667 843

### Greek Men's Group

11.00am - 4.00pm  
St George Community Centre  
John Theos 0451 505 174

## FRIDAYS

### CASS Activity Group

9.00am - 12.00pm  
Hurstville Senior Centre  
Teresa Chu 0416 179 380

### New Vogue Dance Club

1.00pm - 3.30pm  
Hurstville Senior Centre  
Laurence Tang 0403 776 100

### CASS Activity Group

9.30am - 1.30pm  
Kogarah School of Arts  
Molly Li 0429 998 535

### Dance for Parkinsons

1.00pm - 2.00pm  
Kogarah School of Arts  
Cathie Goss 0414 067 045

### Line Dancing Group

1.30pm - 4.30pm  
Kogarah School of Arts  
Michelle Fong 0422 288 879

## Venues

- **Hurstville Senior Centre**  
91 Queens Road, Hurstville
- **Kogarah School of Arts**  
Corner Queens Avenue and Bowns Road,  
Kogarah
- ▲ **St George Community Centre**  
St George Bank Building, Premier Street,  
Kogarah
- ★ **PJ Ferry Reserve Community Hall**  
Corner Bellevue Parade and Blakesley Road,  
Allawah
- ⬢ **Oatley Community Hall**  
61 Oatley Avenue, Oatley
- **Civic Theatre**  
Hurstville Entertainment Centre  
MacMahon Street, Hurstville



[www.georgesriver.nsw.gov.au](http://www.georgesriver.nsw.gov.au)

Facebook: GeorgesRiverCouncil Instagram: @grcouncil

GRC Front of House Officer  
0411 743 258

# SENIORS PROGRAMS



## MONDAYS

### Belly Dancing Group

9.20am - 10.45am

Hurstville Senior Centre

Leonie Sukan 0411 543 764

### St George Women's Interfaith Network

10.30am - 12.30pm

Last Monday of the month

Hurstville Senior Centre

Barbara Koppe 0412 547 726

### Yoga Exercise Group

10.45am - 1.25pm

Hurstville Senior Centre

Jade Yan 0408 968 337

### Line Dancing Group

1.30pm - 4.00pm

Hurstville Senior Centre

Michelle Fong 0422 288 879

### Indoor Volley Ball

10.00am - 1.00pm

Kogarah School of Arts

Cathy Chen 0414 745 878

### Kogarah Writers Group

10.00am - 1.00pm fortnightly

Kogarah School of Arts

Gai Helm 0407 410 579

### Active Ageing Group

10.00am - 11.00am

Oatley Community Hal

Coralie Broadley 0415 065 800

### Rouli Ball Exercise Group

10.00am - 1.00pm

St George Community Centre

Tim Fong 0416 996 688

## TUESDAYS

### Italian Group

9.00am - 1.30pm

Hurstville Senior Centre

Angela Gentile 9502 1249

### Chess Club

10.00am - 12.00pm

Hurstville Senior Centre

Ken Henderson 9528 3091

### Sea Snow Art Group

1.30pm - 4.00pm

Hurstville Senior Centre

Danny Dong 0411 586 568

### St George Art Society Art Ability

2.00pm - 4.00pm

2nd, 3rd, 5th Tuesday of the month,

Kogarah School of Arts

Jim West 0458 156 072

### St George Art Society Sketch Ability

1.30pm - 4.30pm

1st, 4th Tuesday of the month,

Kogarah School of Arts

Jim West 0458 156 072

### Active Ageing Group

11.00am - 12.00pm

PJ Ferry Reserve Community Hall

Coralie Broadley 0415 065 800

### Nepalese Grandparents Social Group

11.00am - 2.00pm

1st and 3rd Tuesday of the month,

St George Community Centre

Rishi Acharya 9597 5455

or 0422 253 170

### Fiestaville Multicultural Community Choir

10.00am - 12.00pm

Weekly during school term

Civic Theatre

Judith Hassila 0415 509 435

## WEDNESDAYS

### Spanish Speakers Group

9.30am - 12.30pm

1st and 3rd Wednesday of the month

Hurstville Senior Centre

Nelis Loustau 9529 0819

or 0431 479 289

### Line Dancing Group

1.00pm - 4.00pm

Hurstville Senior Centre

Michelle Fong 0422 288 879

### SHARE Exercise Group

10.00am - 1.00pm

Kogarah School of Arts

8580 0628

### Active Living Exercise Classes

1.00pm - 2.00pm

Kogarah School of Arts

Melanie Katzos 0409 849 989

### Georges River MS Peer Support

10.00am - 12.00pm

Fortnightly

PJ Ferry Reserve Community Hall

Gai Helm 0407 410 579

### Greek Men's Group

11.00am - 4.00pm

St George Community Centre

John Theos 0451 505 174

## THURSDAYS

### CASS Activity Group

9.00am - 12.00pm

Hurstville Senior Centre

Molly Li 0429 998 535

### Seniors Chess Club

10.00am - 12.00pm

Hurstville Senior Centre

Ken Henderson 9528 3091

### Resourceful Australian Indian Network

12.30pm - 3.00pm

Hurstville Senior Centre

Sudha Natarajan 0420 271 570

### St George Art Society Life Drawing Group

10.00am - 12.00pm

4th Thursday of the month

Kogarah School of Arts

Wren Craw 0404 867 838